

Congratulations!

The arrival of your new baby is an exciting time in your life and we know you want to share your joy with your family and friends. The safety and wellbeing of you and your baby is our first priority, so we have developed the following visiting policies.



During Labor

Visitors...

- are limited to 4 people at a time, per room.
- may rotate visiting times with other support persons in the waiting room
- may be limited or asked to leave depending on the patient's medical condition
- must be at least 12 years old or a sibling of the new baby
- must be free from signs of infection

During Delivery

Visitors...

- are limited to 3 people (space permitting)
- are asked to follow the guidance of the labor nurse
- may be limited or asked to leave the delivery suite at any time at the discretion of the attending physician and/or labor nurse.

Immediately After Delivery

Visitors...

- will be limited immediately after delivery to allow assessment of the new Mom and clean up of the delivery suite.
- can view the new baby through our nursery viewing window at this time.

During the Post Delivery Period

Visitors...

- are limited to 4 people at a time, per room.
- may rotate visiting times with other support persons in the waiting room
- may be limited or asked to leave depending on the patient's medical condition
- must be at least 12 years old or a sibling of the new baby
- must be free from signs of infection
- must wash their hands after entering your room

Overnight Support Person Guidelines

One support person is permitted to spend the night provided the new Mom does not have a roommate.

If Moms are sharing a room, the support person is permitted to visit until **11:00 pm** and then must leave to allow adequate rest and privacy for other new Moms.

The designated support person who is allowed to spend the night will receive an armband for security purposes.

We ask that support persons please observe quiet hours from **11:00 pm - 7:00 am**. During these hours, please limit your trips off the unit and refrain from noisy activities so our Moms will not be disturbed.

If you must leave the building between quiet hours **11:00 pm - 7:00 am**, you must reenter the building using the Emergency Room entrance. Inside the ER waiting area, **stop at the security office** and show your armband to be escorted to the Postpartum unit.

The support person is provided with bed linens and a sleeper chair.

Sleeper chairs must be reassembled by 8:00 am in order for our nurses to provide proper care to our new Moms.

During the morning hours, the support person **must** remain in the Mother's room to provide privacy for our other Mothers who are showering.

Welcome Visitors!



We are excited to share in your special delivery!

Thank you for choosing Touchette Regional Hospital for your birthing experience! Our qualified staff welcomes hundreds of babies each year to our Nursery. Every Obstetrical Nurse is trained in Neonatal Resuscitation and an advanced Level II Nursery is available for infants born at Touchette who need extra care.

One support person may spend the night with the new Mom as long as she **does not** have a roommate.

After Delivery visiting hours
11:00 am - 8:00 pm

The support person is encouraged to bring a sweater or light jacket for comfort as well as meals, snacks, and drinks for their visit.



Questions or Concerns

The Touchette Regional Hospital Obstetric Unit would like to encourage our new Moms and their family and friends to read this brochure in its entirety. If you have any questions or concerns, please feel free to contact the Director of Women and Newborn Services directly at 618.332.5282.

**FOR MORE INFORMATION,
PLEASE CONTACT US AT:**

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Obstetric Unit

A GUIDE TO OUR VISITING POLICY



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